

# INFEZIONI PERIPROTESICHE

*Libera traduzione e interpretazione  
dell'International Consensus Meeting di Philadelphia (2013)*

*Le 100 risposte  
in pillole*

a cura del dott. NICOLÒ CASTELNUOVO

## Workgroup 1: Mitigation and Education <sup>1-107</sup>

### *Quali sono i fattori di rischio d'infezione periprotesica?*

- Presenza d'infezione sistemica o locale in altra sede
- Precedente intervento chirurgico nella stesa sede
- Diabete scompensato
- Malnutrizione
- Obesità (BMI>30)
- Fumo (< 20 sigarette/die)
- Abuso alcolico
- tossicodipendenza
- Insufficienza renale cronica
- Epatite B o C cronica
- Hiv
- Immunodepressione
- Pregressa prolungata ospedalizzazione (RSA)

### *Qual è il ruolo dell'igiene orale dei pazienti candidati a sostituzione protesica?*

- Tutti i pazienti dovrebbero subire uno scerni per la ricerca d'infezioni attive orali.

### *Nei pazienti candidati a sostituzione protesica, va eseguito lo screening sistematico per la ricerca di MRSA e MSSA?*

- No

### *Nei pazienti trovati positivi per MRSA e MSSA, che terapia va seguita?*

- Terapia a breve termine con muciprocina topica (nasale)

### *Negli operatori sanitari va eseguito lo screening sistematico per la ricerca di MRSA e MSSA?*

- No, vanno ricercati solo nei pazienti sintomatici.

### *Qual è il ruolo dell'urinocoltura nei pazienti candidati a sostituzione protesica?*

- Non di uso routinario, ma va riservata ai pazienti sintomatici o con anamnesi positiva.

### ***Nei pazienti con AR o altre patologie autoimmuni, quando e se va sospesa la terapia?***

- La terapia va sempre sospesa con le seguenti tempistiche.
  - FANS : 1 settimana prima dell'intervento
  - METHOTREXATRE: 1 settimana prima dell'intervento
  - SULFALAZINA: 1 settimana prima dell'intervento
  - AZATHIOPRINA: 1 settimana prima dell'intervento
  - LEFLUNOMIDE: 6 settimane prima dell'intervento
  - HYDROXYCHLOROCHINA: non sospendere
  - ETANERCEPT: 12 giorni prima dell'intervento
  - INFIXIMAB: 3 settimane prima dell'intervento
  - RITUXIMAB: 3 settimane prima dell'intervento
  - ALLOPURINOLO: 1 settimana prima dell'intervento
  - COLCHICINA: 1 settimana prima dell'intervento
  - PROBENECID: 1 settimana prima dell'intervento

### ***Quali procedure vanno intraprese per minimizzare il rischio d'infezione nei pazienti con storia clinica di pregressa artrite settica?***

- Va assolutamente eseguito screening sierologico ed esame colturale da artrocentesi.
- Va usato cemento con antibiotico
- Vanno eseguiti esami colturali i intraoperatori.
- Se positivi, va intrapresa una terapia antibiotica post-operatoria secondo indicazioni infettivologo

## **Workgroup 2: Preoperative Skin Preparation <sup>108-145</sup>**

### ***Che ruolo ha la detersione della cute con antisettico nel pre-operatorio?***

- La cute dell'intera superficie corporea e non solo quella del sito chirurgico vanno deterse con Gluconato di Clorexidina o altro detergente analogo la sera precedente l'intervento chirurgico

### ***Che ruolo ha la tricotomia?***

- Clipping è il metodo più idoneo e va eseguito il più tardi possibile

### ***Che fare in caso di ferita o ulcerazione cutanea nei pressi del sito chirurgico?***

- L'intervento va riprogrammato alla guarigione della lesione

### ***Qual è l'idoneo metodo di lavaggio delle mani dell'equipe operatoria?***

- Il chirurgo, gli assistenti e la strumentista devono eseguire un accurato lavaggio delle mani per almeno 2 minuti prima della prima procedura; negli interventi successivi tale tempistica può accorciarsi
- Nessuna differenza su quale agente detergente utilizzare

## **Workgroup 3: Perioperative Antibiotics <sup>146-204</sup>**

### ***Qual è il timing ottimale per la somministrazione degli antibiotici?***

- La profilassi antibiotica va eseguita entro 1 ora dall'inizio dell'intervento (2 ore per Vancomicina o Fluorochinoloni)

### ***Qual è l'antibiotico di scelta?***

- Cefalosporina di prima o seconda generazione (Cefazolina o Cefuroxime)

### ***Qual è l'antibiotico di scelta nei pazienti portatori di protesi valvolari?***

- Cefalosporina di prima o seconda generazione (Cefazolina o Cefuroxime)

### ***Qual è l'antibiotico da utilizzare se le cefalosporine sono controindicate?***

- Teicoplanina o vancomicina

### ***In quali pazienti la Vancomicina deve essere considerata come antibiotico di prima scelta nella profilassi?***

- Pazienti allergici alla penicillina
- Pazienti che vivono in regioni ad alta prevalenza di germi MRSA
- Pazienti ospedalizzati, che vivono in RSA o accuditi da ADI
- Pazienti in dialisi
- Pazienti che sono stati ricoverati in passato in terapia intensiva
- Operatori sanitari

***Può la Vancomicina essere sempre considerata l'antibiotico di prima scelta nella profilassi?***

- No

***Che ruolo ha la profilassi con doppio antibiotico (Cefalosporina + Vancomicina o amino glicoside)?***

- Nessuno

***Qual è l'antibiotico di prima scelta nei pazienti cateterizzati o con esame colturale positivo?***

- In caso di infezione vie urinaria sintomatica, questa va trattata con successo prima di potersi sottoporre all'intervento
- In caso di batteriuria asintomatica, si deve procedere alla sola profilassi preoperatoria routinaria con cefalosporina

***Come comportarsi in caso di pregressa artrite settica:***

- Utilizzare un antibiotico attivo sul germe responsabile della precedente infezione
- Utilizzare cemento antibiotato

***La terapia antibiotica va protratta in caso di cateterismo vescicale o in presenza di drenaggio dal sito chirurgico?***

- No, ma il drenaggio e il catetere vanno rimossi il prima possibile

***Per quanto tempo va protratta la terapia antibiotica?***

- Mai per più di 24 ore dopo l'intervento

***In caso di presunta infezione quali antibiotici utilizzare?***

- Nessuno fino all'esecuzione degli esami colturali
- Vancomicina e gentamicina in attesa del risultato dell'antibiogramma
- Vancomicina se infezione da Gram-positivi
- Cefalosporina di 3 o 4 generazione se infezione da Gram-negativi
- Vancomicina + Cefalosporina di 3 o 4 generazione se infezione mista

***Qual è l'antibiotico di scelta nelle revisioni in Two-Stage***

- Un antibiotico attivo sia sul germe responsabile dell'infezione primaria, sia sui comuni microorganismi infettanti

### ***Nei casi di interventi di lunga durata, va somministrata una dose supplementare di antibiotico?***

- Se l'intervento dura più di 2 ore, o con perdite ematiche superiori al 2000 cc o di infusione endovenosa di più di 2000 cc di liquidi, è indicata la somministrazione di una seconda dose di antibiotico

### ***La dose di antibiotico da utilizzare, va modulata in base al peso del paziente?***

- Sì la profilassi antibiotica deve essere correlata al peso del paziente

|              |                           |                 |             |   |
|--------------|---------------------------|-----------------|-------------|---|
| Cefazolina   | < 60 kg                   | 1 g             | Ogni 4 ore  | Profilassi primaria                                       |
|              | 60-120 kg                 | 2 g             |             |   |
|              | > 120 kg                  | 3 g             |             |   |
| Cefuroxime   | Nessun<br>aggiustamento   | 1,5 g           | Ogni 4 ore  | Profilassi primaria                                       |
| Vancomicina  |                           | 15 mg pro chilo | Ogni 12 ore | Pazienti MRSA<br>positivi o allergici<br>alla penicillina |
| Clindamicina | Nessun<br>aggiustamento   | 900 mg          | Ogni 3 ore  | Pazienti allergici<br>penicillina                         |
| Teicoplanina | Nessun aggiusta-<br>mento | 400mg           | NA          | Pazienti MRSA<br>positivi o allergici<br>alla penicillina |

### ***In caso di megaprotesi e protesi da tumore, come va modificata la profilassi antibiotica?***

- Si raccomanda di eseguire una profilassi primaria anche in caso di megaprotesi

### ***In caso di pazienti immunodepressi, diabetici o affetti da AIDS, come va modificata la profilassi antibiotica?***

- Si raccomanda di eseguire una profilassi primaria anche in pazienti immunodepressi, diabetici o affetti da AIDS

### ***Come si modifica la profilassi antibiotica in caso di revisioni asettiche***

- Si raccomanda di eseguire una profilassi primaria anche in caso di revisione asettica

***Per quanto concerne la profilassi antibiotica c'è differenza tra di protesi d'Anca e di Ginocchio?***

- No, la profilassi antibiotica in caso di protesi d'Anca e di Ginocchio è la medesima

***Qual è l'antibiotico di scelta nella profilassi in pazienti con pregresse infezioni sostenute da gram-negativi carbapenemi-resistenti?***

- ANCHE SE NON ACCORDO TRA I DELEGATI: si consiglia Colestina o Tigercyclina

## **Workgroup 4: Trattamento Chirurgico <sup>205-245</sup>**

***Esiste una relazione tra il numero dei germi presenti sul sito d'intervento e il rischio di contaminazione?***

- Sì esiste una proporzione diretta tra SSI (Surgical site Infection) e numero di germi presenti

***Esiste una relazione tra il numero dei germi presenti in sala operatoria e il rischio di contaminazione?***

- Sì, gli "airborne particulate bacteria" sono la principale fonte di SSI, soprattutto quelli veicolati dal personale di sala operatoria.

***Quali sono i metodi per ridurre al minimo gli "airborne particulate bacteria" veicolati dal personale di sala operatoria?***

- Si raccomanda di eseguire sempre gli interventi di sostituzione protesica in sale operatorie con "flussi laminari" efficaci, anche se letterature recente (ad esempio registro Nuova Zelanda) mettono in dubbio tal efficacia
- Nessun dato certo a supporto della reale utilità delle barriere personali quali i caschi sterili
- Si raccomanda di ridurre al minimo il numero di persone presenti o che transitano dalla sala operatoria
- Si raccomanda che le scialitiche NON siano manovrate Mai dai chirurghi
- L'uso di luce ultravioletta riduce il rischio di infezione anche se con effetti collaterali sul personale di sala operatoria
- Tutto il personale di sala operatoria deve indossare sempre e correttamente la mascherina, la cuffia, la divisa e le calzature idonee.

- Si sconsiglia l'uso di dispositivi elettronici (telefoni, tablet, riproduttori audio, computer) perché veicoli di "airborne particulate bacteria"
- Si consiglia di parlare il meno possibile
- Minimizzare il più possibile il tempo chirurgico
- Mantenere il paziente in normotermia
- Tutto il personale di sala operatoria deve utilizzare il detergente per mani alcolico e i guanti monouso ogni qual volta viene in contatto con ogni oggetto inanimato posizionato nelle immediate vicinanze del paziente.
- L'Equipe chirurgica deve sempre utilizzare un "doppio guanto sterile" e cambiare regolarmente almeno ogni 20 minuti, se rotti, se venuti in contatto con il PMMA o prima di impiantare le componenti protesiche.
- Aprire lo strumentario chirurgico il più tardi possibile senza però coprirlo con teli troppo grandi quando non in uso.
- Sostituire SEMPRE la lama del bisturi dopo l'incisione cutanea, mentre non ci sono studi sulla necessità di sostituire la punta dell'elettrobisturi.
- Sostituire ogni 60 minuti la "Yankauer suction tip" che può essere però utilizzata anche per l'aspirazione del canale midollare
- Per l'irrigazione della ferita chirurgica non utilizzare liquido mantenuto in bacinella sterile per più di 30 minuti.
- Nessun dato certo sul tipo di soluzione utilizzare: fisiologica, iodopovidone diluito o antibiotici sembrano effetti simili.
- Nessun dato certo sul reale vantaggio del lavaggio pulsatile.
- Nessun dato sul vantaggio nell'uso di vancomicina in polvere nella ferita chirurgica
- Si raccomanda l'uso di "incise draping", in grado di ridurre la carica batterica anche se mancano dati certi sulla reale capacità di ridurre il tasso di infezione periprotetica.
- Nessun dato sull'efficacia di proteggere i margini delle ferite chirurgiche con telini sterili.
- La preparazione del campo sterile deve essere eseguita mediante "teli impermeabili: nessun dato certo sul vantaggio del monouso sullo risterilizzabile.
- Nessun dato di reale efficacia nell'uso di alcun derivato dal sangue autologo (prp).
- Il tipo di sutura (stapler, filo riassorbibile o non, o punti staccati o continua) non influisce sul tasso d'infezione periprotetica.
- L'uso sistematico della "Check list e del Timeout" tendono a ridurre il tasso d'infezione ricordando agli operatori la necessità ed il timing della profilassi antibiotica.
- L'uso del drenaggio post-operatorio aumenta il rischio d'infezione solo se mantenuto in sede per più di 24 ore.



## Workgroup 5: Blood Conservation <sup>246-276</sup>

### *Esiste una relazione tra trasfusioni di sangue e tasso di infezione periprotetico?*

- Mentre è certa la relazione con la trasfusione omologa, rimane controverso il ruolo dell'autologa.

### *Quali sono gli accorgimenti necessari per ridurre la necessità di trasfusioni omologhe, quindi grado di ridurre il rischio d'infezione?*

- Anestesia loco-regionale
- Interventi di breve durata
- Uso di acido tranexamico per via sistemica
- La correzione dell'anemia preoperatoria (ferro e/o eritropoietina)
- Nessun correlazione invece con emodiluizione, drenaggi e recupero di sangue intra e post-operatorio; uso di PRP o colla fibrina

## Workgroup 6: Prosthesis Selection <sup>277-322</sup>

### *Quali fattori sono correlati ad un aumento del tasso di infezione periprotetica?*

- L'uso di cemento antibiotato è in grado di ridurre sensibilmente il tasso di infezione periprotetica soprattutto nei pazienti a rischio e nelle revisioni
- Nelle protesi d'anca, l'accoppiamento metallo-metallo sembrerebbe essere correlato ad un più alto tasso di infezione periprotetica
- Nelle megaprotesi il tasso d'infezione è sensibilmente più alto che negli impianti standard
- Al contrario nessuna differenza è dimostrata tra:
  - l'uso di "allograft" o "augments"
  - protesi cementata o a press fit

## Workgroup 7: Diagnosis of Periprosthetic Joint Infection <sup>323-358</sup>

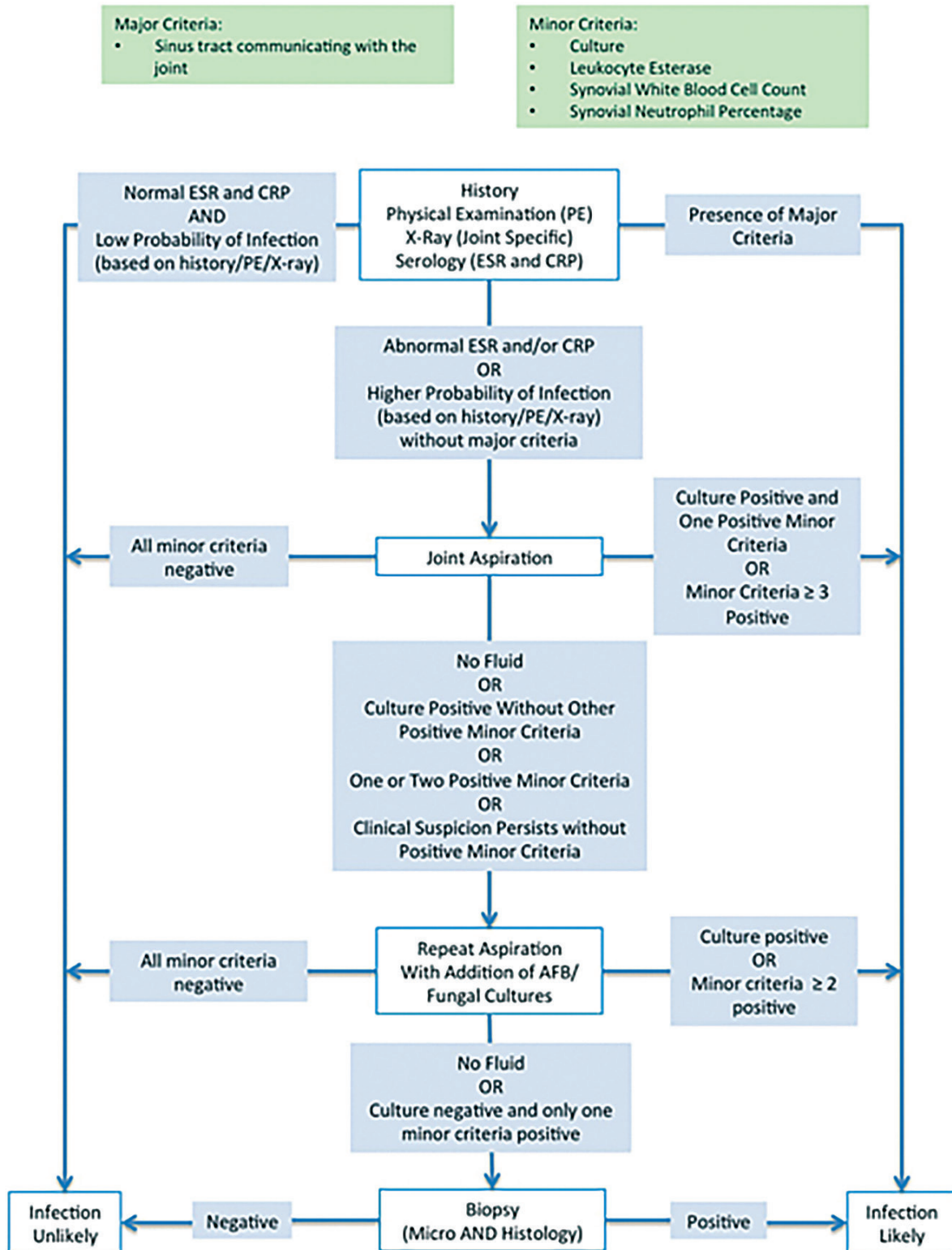
### Qual è la definizione di “infezione periprotetica” (PJI)?

- Diagnosi di certezza si ha solo:
- quando è presente un criterio maggiore
- quando sono presenti almeno 3 criteri minori

| CRITERI MAGGIORI                          | CRITERI MINORI   |
|---|--|
|   | Aumento di VES e PCR( > 100 mg/L se infezione acuta e >10mg/L se infezione cronica)  |
| 2 esami colturali positivi                | Aumento di numero di globuli bianchi nel liquido sinoviale(>10000 WBC/microlitri se infezione acuta e >3000 WBC/microlitri se infezione cronica) |
| Presenza di fistola articolare secernente | Aumento della percentuale dei polimorfonucleati (PMN>90% se infezione acuta e >80% se infezione cronica ) nel liquido sinoviale                  |
|   | Esame istologico del tessuto periprotetico positivo per infezione  |
|   | 1 esame colturale positivo   |

- recenti e promettenti studi sottolineano l’ottima sensibilità e specificità della positività del liquido sinoviale alla “leukocyte esterase” ad un semplice stick per urine

- C'è consenso internazionale nell'uso del seguente algoritmo (AAOS)



- Un esame colturale è considerato negativo dopo 2 settimane di coltura
- La ricerca di "acid-fast bacillus (AFB)" o miceti va effettuata solo in caso di pazienti a rischio

### ***Qual è la metodica corretta di prelievo di tessuti idonei all'esame colturale in caso di sospetta infezione periprotetica?***

- Durante la chirurgia di revisione dai 3 ai 6 campioni di tessuto per aerobi ed anaerobi
- L'uso di tamponi è vivamente sconsigliato
- La sonificazione è un processo da non utilizzare routinariamente
- Il liquido sinoviale da artrocentesi è tessuto idoneo all'esame colturale
- Il prelievo diretto di tessuto o liquido da soluzioni di continuo cutaneo sono vivamente sconsigliati
- A tutt'oggi nessun ruolo è da attribuire tecniche molecolari

## **Workgroup 8: Wound Management <sup>359-392</sup>**

### ***Qual è il tipo di medicazione della ferita chirurgica ritenuto più utile a ridurre il rischio di infezioni periprotetiche?***

- Medicazione sterile a piatto
- L'uso routinario di alginated hydrofiber, ("AQUACEL") rispetto a medicazioni a piatto (mepore o Cutiplast") sembrerebbe ridurre il rischio di infezione periprotetica
- Al contrario medicazione impregnate d'Argento non sembrano ridurre il rischio di infezione periprotetica

### ***Quando una ferita diventa secernete?***

- Quando si ha una secrezione in grado di "sporcare" la garza per più di 2 x 2 centimetri per più di 72 ore

### ***Cosa fare se una ferita permane secernete per più di 72 ore? (il rischio di infezione sale del 405 ogni giorno di secrezione senza trattamento!!)***

- E' molto sconsigliato l'uso indiscriminato di antibiotici
- Pertanto si consiglia:
  - Medicazioni a piatto o avanzate o VAC terapia per massimo 5-7 giorni
  - Revisione chirurgica se secrezione di durata superiore ai 5-7 giorni:
    - \* Apertura della fascia
    - \* Abbondante lavaggio e debridement
    - \* Sostituzione delle componenti modulari
    - \* Prelievo di 3-6 campioni di tessuto significativo da inviare per esame colturale
    - \* Terapia antibiotica: cominciata 1 ora prima dell'incisione chirurgica (Vancomicina + Gentamicina) in attesa dell'antibiogramma
    - \* Sutura con monofilamento

## Workgroup 9: Spacer <sup>393-434</sup>

### *Che differenze esistono tra spaziatori articolati e fissi*

- Differenze funzionale:
  - Ginocchio: nessuna differenza funzionale a 2 anni se mantenuti per meno di 3 mesi
  - Anca: nessuna differenza funzionale a 2 anni
- "surgical ease" difficoltà chirurgica:
  - Intervento più semplice, più veloce e gravato da minor complicanze in caso di spaziatore articolato
- Tasso di reinfezione:
  - Nessuna differenza né per anca né per ginocchio

### *Che differenza funzionale o di tasso di reinfezione esiste tra gli spaziatori presenti in commercio e quelli modellati dal chirurgo?*

- Nessuna

### *Quale e quanto antibiotico aggiungere al PMMA per preparare gli spaziatori?*

| GRUPPO ANTIBIOTICI    | TIPO DI ANTIBIOTICO | ATTIVITÀ                                 | DOSE PER 40 G PMMA |
|-----------------------|---------------------|--|--------------------|
| Amino glicosidi       | Tobramicina         | Gram - (pseudomonas)                     | 1-4.8g             |
|                       | Gentamicina         | Escherichia coli, klebsiella pseudomonas | 0.25-4.8           |
| Cefalosporine 1° gen. | Cefazolina          | Gram +                                   | 1-2                |
| Cefalosporine 2° gen  | Cefuroxime          | Gram + ed alcuni gram-                   | 1.5-2              |
| Cefalosporine 3° gen  | Ceftazidime         | Gram -(anche pseudomonas)                | 2                  |
| Cefalosporine 4° gen  | Cefotaxime          | Gram -(no pseudomonas)                   | 2                  |
| Cefalosporine 5° gen  | Ceftaroilne         | Gram -(no pseudomonas)                   | 2-4                |
| Fluorchinolonici      | Ciprofloxacina      | Gram - (anche enterobatteriacee)         | 0.2-3              |
| Glicopeptide          | Vancomicina         | Gram + (anche meticillino resistenti)    | 0.5-4              |
|                       | Clindamicina        | Cocchi Gram+; anaerobi                   | 1-2                |
| Macrolidi             | Eritromicina        | Cocchi e bacilli Aerobi Gram +           | 0.5-1              |
| Polimixina            | Coestina            | Gram -                                   | 0.24               |

|                          |              |   |         |
|--------------------------|--------------|---|---------|
| Beta lattamici           | Aztreonam    | Batteri Gram -                                  | 4-8     |
| Inibitori beta lattamasi | Tazobactam   | Gram - (anche pseudomonae ed enterobatteriacee) |         |
| Oxazolidinoni            | Linezolid    | Mrsa  | 1.2     |
| Carbapenemi              | Meropenem    | Batteri Gram + e - (anche pseudomonas)          | 0.5-4   |
| Lipopeptide              | Daptomicina  | Gram+   | 2       |
| Antifungini              | Amfotericine |   | 200     |
|                          | Voricanazole |   | 300-600 |

- Miscelare bene la polvere di antibiotico e quella del cemento prima di aggiungere il solvente
- 4.5 g ogni 40 di cemento ne diminuiscono sensibilmente le proprietà meccaniche

## Workgroup 10: Irrigation and Debridement <sup>435-457</sup>

*“Lavaggio e debridement” vanno sempre eseguiti in caso di infezione precoce, quindi entro 3 mesi dall’impianto protesico entro le 3 settimane dall’insorgenza dei sintomi*

*“Lavaggio e debridement” può essere eseguito anche in caso di infezione tardiva, solo in caso di comprovata infezione ematogena entro le 3 settimane dall’insorgenza dei sintomi*

*Esistono controindicazioni assolute al “lavaggio e debridement”?*

- Fistola cutanea
- Impossibilità ad ottenere una chiusura per prima intenzione della ferita
- Mobilizzazione componenti protesiche

*In caso di “Lavaggio e debridement” va sempre aperta anche la fascia profonda*

*Come eseguire correttamente un “Lavaggio e debridement”?*

- Preparare adeguatamente il paziente ad un nuovo intervento( correzione anemia e sospensione temporanea profilassi TVP
- Buona visualizzazione (assolutamente controindicata l’artroscopia)

- Sostituzione componenti modulari
- Debridment aggressivo
- Eseguire da 3 a 6 prelievi di tessuto apparentemente infetto
- Abbondante lavaggio (da 6 a 9 litri) intraoperatorio; sconsigliato il lavaggio continuo nel post-operatorio mediante cateteri o drenaggi
- Rimuovere la protesi se necessario

*In caso di persistenza dei sintomi dopo “Lavaggio e debridment”, eseguire espianto della protesi*

*In caso di positività ai criteri diagnostici di infezione periprotetica, proseguire la terapia antibiotica nei tempi e nelle dosi consigliate anche dopo “Lavaggio e debridment”*

*Nessun dato a favore dell’uso di perle riassorbibili impregnate di antibiotico*

## **Workgroup 11:** **Antibiotic Treatment and Timing of Reimplantation** <sup>458-487</sup>

*Si raccomanda una terapia antibiotica endovenosa della durata di 2 settimane seguite da una terapia antibiotica orale della durata di 2-4 settimane (durata totale 4-6 settimane)*

*Attualmente NON c’è consenso su come decidere quando reimpiantare la protesi dopo espianto: segni clinici e marker sierologici hanno bassa sensibilità e sensitività quindi anche sulla necessità di un periodo di wash-out farmacologico prima di reimpiantare la protesi*

*Non è necessario eseguire artrocentesi prima del reimpianto*

*L’aggiunta della Rifampicina orale in associazione a terapia antibiotica endovenosa parrebbe migliorare i risultati rispetto alla sola monoterapia endovenosa (consenso <80% delegati)*

*In caso invece di One-stage, la terapia antibiotica va protratta per 2-6 settimane*

## Workgroup 12: One-stage vs Two-stage Exchange <sup>488-508</sup>

*Indicazione alla revisione One-Stage è l'infezione periprotesica nella quale si ha avuto una identificazione certa del microorganismo responsabile senza segni di malattia sistemica e con cute integra*

*Indicazioni certe alla revisione Two-Stage sono:*

- Manifestazioni sistemiche di infezione (sepsi)
- Nessuna identificazione microbiologica
- Isolamento di germe multiresistente o di difficile trattamento antibiotico
- Presenza di fistola cutanea
- Presenza sofferenza cutanea

*In caso di persistenza dell'infezione dopo l'espianto, e possibile ripetere un nuovo intervento di debridment e di sostituzione dello spaziatore (anche più volte)*

*Indicazione all'artrodesi sono:*

- Persistenza del processo settico anche dopo più tentativi di debridment e spaziatore
- Insufficienza dell'apparato estensore ( in caso ginocchio)

*Indicazioni all'amputazione sono:*

- Pazienti non ambulanti
- Fascite necrotizzante resistente al debridment aggressivo
- Importante perdita di sostanza ossea tale da rendere impossibile l'artrodesi
- Inadeguata copertura dei tessuti molli
- Fallimento delle altre metodiche
- Deficit vascolo nervosi importanti



## Workgroup 13: Management of Fungal or Atypical Periprosthetic Joint Infections <sup>509-533</sup>

*La diagnosi viene fatta solo in caso di isolamento del microorganismo in un soggetto con sintomatologia certa di infezione periprotetica*

### *Cause predisponenti sono:*

- Diabete
- Malattie autoimmuni
- Pregressa infezione periprotetica con conseguente terapia prolungata antibiotica
- Terapia cronica con immunosoppressori
- Hiv
- Patologia neoplastica

*La terapia consigliata è la revisione Two-stage, anche se i risultati sono peggiori che nelle infezioni batteriche associata a terapia combinata di Amfotericina b + azoles per almeno 6 settimane*

## Workgroup 14: Oral Antibiotic Therapy <sup>534-555</sup>

### *L'uso di antibiotici in caso di infezione periprotetica è raccomandato:*

- Per 4-6 settimane
  - Infezioni acute trattate con "Lavaggio e Debridment"
  - Nell'intervallo tra le due procedure delle revisione Two-stage
  - Dopo il reimpianto in caso di revisione Two-stage
  - Dopo la revisione in caso di revisione One-stage
- Terapia soppressiva (SAT), quindi per almeno 23 mesi, o per tutta la vita
  - Pazienti che rifiutano il trattamento chirurgico
  - Pazienti non operati per controindicazioni
  - Infezione da stafilococce aurea MRSA
  - Pazienti nei quali l'infezione non appare clinicamente debellata
  - Pazienti trattati inadeguatamente:
    - \* Debridment senza rimozione protesi nelle infezioni tardive
    - \* "lavaggio e debridment" eseguito in maniera inappropriata( artroscopico, senza sostituzione delle componenti modulari ecc)
    - \* Corretto trattamento chirurgico ma trattamento farmacologico errato
      - ◇ Non uso di rifampicina associata ad altro antibiotico in caso di infezione stafilococica
      - ◇ Non uso di fluorochinolonici in caso di infezione gram-
- In caso di terapia soppressiva gli antibiotici da usare per via orale sono:

|                             |           |
|-----------------------------|-----------|
| Amoxicillina-ac.clavulamico | 875mh/8h  |
| Cephalexina                 | 1g/8h     |
| Ciprofloxacina              | 500mg/24h |
| Levofloxacina               | 500mg/24h |
| Clindamicina                | 300mg/8h  |
| Rifampicina                 | 600mg/24h |
| Doxyciclina                 | 100mg/12h |
| Cotrimoxazolo               | 600mg/12h |
| Linezolid                   | 600mg/12h |
| Fluconazolo                 | 400mg/24h |

## Workgroup 15: Prevention of Late PJI <sup>556-596</sup>

*L'infezione tardiva è un'infezione periprotetica insorta a distanza di tempo dall'impianto: si sviluppa dopo un iniziale buon risultato clinico e radiografico.*

*Il percorso diagnostico terapeutico è simile all'infezione periprotetica insorta senza periodo di benessere (vedi workgroup 7)*

*Tra i portatori di protesi articolari è utile eseguire una profilassi antibiotica (amoxicillina 2g o cefalexina o clindamicina 600 mg 1 g o 1 ora prima della procedura) in caso di interventi chirurgici a rischio (quale la chirurgia endoorale o colonscopia) solo nei pazienti ad alto rischio:*

- Pazienti con artrite reumatoide
- Pazienti in terapia con immunosoppressori
- Pazienti affetti da immunodeficienza congenita o acquisita
- Pazienti con diabete insulino-dipendente
- Emofilici
- In presenza di una grave infezione sistemica

*In caso di iperpiressia persistente più di 3 giorni dall'intervento implica la necessità di eseguire i seguenti accertamenti:*

- Analisi urine
- Urinocoltura
- Emocoltura
- RX torace
- Successivamente anche esami per escludere TVP o infezione del catere venoso

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